

Center For Urology  
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**DIAGNOSIS:**

Pyelonephritis (Kidney Infection)

**DISCHARGE INSTRUCTIONS:**

- 1) No strenuous activity for a few days.
- 2) Drink plenty of fluids. Water is best or diluted juices.
- 3) Continue to take your routine medication unless your doctor has advised you differently.
- 4) Take your pain medication as prescribed, but realize that this medication can cause constipation and can also effect your judgment and reflexes.
- 5) Take your antibiotics for the complete prescription.
- 6) Call your Urologist for an appointment. He/She will want to see you in 1-2 weeks.

**CALL YOUR DOCTOR:**

If you develop fever or chills.  
If you develop difficulty voiding.  
If you develop burning with urination.  
If you develop flank or back pain.  
If you develop nausea and vomiting.