

Center For Urology  
2615 Culver Road, Suite 100  
Rochester, N.Y. 14609  
(585) 336-5320

**PROCEDURE:**

Prosthesis

**DISCHARGE INSTRUCTIONS:**

- 1) No strenuous activity.  
ie. = no exercise, heavy lifting, shoveling, or sports, no sex or swimming.
- 2) Take your antibiotics as prescribed.
- 3) Continue to take your routine medications, unless your doctor has advised you differently.
- 4) Take your pain medication as needed, but realize that this medication can cause constipation. You may want to take a stool softener or a laxative. This medication can also affect your reflexes.
- 5) Do not take plavix, aspirin or aspirin type products for 1 week.
- 6) You may shower in 48hrs , but do not take tub baths or swim for 3 wks. Also, do not \rub vigorously over the incision.
- 7) Apply cold packs to the scrotum 20 minutes on and 20 minutes off for the first 24 hours. Wear a scrotal support at all times (except showering) for 2wks. Cold packs and scrotal support will help reduce the amount of scrotal swelling and discomfort that you experience over the next few weeks.
- 8) Do not attempt to activate the device until instructed to do so by your urologist.
- 9) Make sure you have a follow-up appointment with your urologist. He/She will want to see you in about 1 week.

**CALL YOUR DOCTOR:**

If you develop bleeding from the incision, increased redness around the incision, or if the incision opens up or becomes more painful.  
If you develop fever or chills.