

Center For Urology  
2615 Culver Road, Suite 100  
Rochester, N.Y. 14609  
(585) 336-5320

**SURGICAL PROCEDURE:**

Pyeloplasty

**DISCHARGE INSTRUCTIONS:**

- 1) No strenuous activity  
ie. = no exercise, heavy lifting, shoveling, or contact sports.
- 2) You may shower, however do not rub vigorously over the area where the  
the incisions are located. No bath, swimming or hot tub for 1 wk.
- 3) Continue to take your routine medication unless your doctor has advised you  
differently.
- 4) Take your pain medication as needed, but realize that this medication can cause  
constipation and it may be advisable to take a laxative. This medication can  
also effect your reflexes and judgment.
- 5) Do not take aspirin or aspirin type products for the next 5 days.
- 6) Avoid driving a car for the first week.
- 7) Call your urologist for an appointment. S/He will want to see you in about 1 week.

**CALL YOUR DOCTOR:**

If you develop fever or chills

If you develop bleeding from the incision or if the incision opens up.

If you notice increasing redness around the incision.

If the incision becomes increasingly more painful.