

Center For Urology
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DIAGNOSIS:

Penile Fracture

DISCHARGE INSTRUCTIONS:

- 1) No contact sports for 20 days. No swimming or sex for 6 weeks. No work for 3 days.
- 2) Keep the incision clean and dry.
- 3) No aspirin or ibuprofen for 2 weeks.
- 4) Take your pain medicine as needed. Be advised that this medication can cause constipation and can affect your judgment and reflexes.
- 5) You may shower in 24hrs, but no bath for 14 days.
- 6) Expect your incision to look swollen and irregular for about 1-2 weeks.
- 7) Remove the dressing around the penis tomorrow
- 8) The sutures will fall off on their own.
- 9) Call your urologist. He will want to see you in about 1 week.
- 10) You have a catheter in place. It is important that this remains in place for 1 week. You will have it removed at your follow-up appointment with your urologist.

CALL YOUR DOCTOR FOR:

Continuous bleeding, increasing redness of the incision, opening of the incision.