Center For Urology 2615 Culver Road, Suite 100 Rochester, N.Y. 14609 (585) 336-5320

## **SURGICAL PROCEDURE:**

Partial Cystectomy

## **DISCHARGE INSTRUCTIONS:**

- 1) No strenuous activity at all!
  - ie. = no exercise, no lifting, shoveling or sports, no sex, no grass mowing, no riding on a lawn mower. ------ walking is allowed (slowly).
- 2) You will have a catheter in your bladder when you leave the hospital.

  You will be instructed on how to empty the bag, and switch from leg bag to overnight drainage bag.
- 3) Take your pain medication as needed, but realize that this medication can cause constipation and it therefore may be advisable to take a laxative.
- 4) Avoid driving a car for the first two weeks.
- 5) You may shower, but do not sit in the tub for extended periods of time.
- 6) Do not pull on or apply traction to the catheter (tube). It will be removed in the doctors office.
- 7) Continue to take your routine medication unless your doctor has advised you differently.
- 8) Call your urologist for and appointment. S/He will want to see you in 1 week.

## **CALL YOUR DOCTOR:**

If you develop fever or chills. If the catheter stops draining. If you develop bleeding or increased redness at the incision or if it opens up.