

Center For Urology
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Rochester, N.Y. 14609
(585) 336-5320

SURGICAL PROCEDURE:

Bilateral Orchidopexy

DISCHARGE INSTRUCTIONS:

- 1) No strenuous activity for 3 or 4 days.
- 2) You may shower, but avoid bathing in a tub for 4 days.
Also, do not rub vigorously over the area where the incision is located.
- 3) Keep the incision clean and dry. The stitches will fall off on their own.
- 4) Continue to take your routine medication unless your doctor has advised you differently.
- 5) Take your pain medication as needed, but realize that this medication can cause constipation and it may be advisable to take a laxative. This medication can also affect your judgment and reflexes.
- 6) Call your urologist for an appointment. He will want to see you in about 2 weeks.

CALL YOUR DOCTOR:

If part of your incision opens up, bleeds, or becomes more painful.
If your scrotum swells up significantly
If you notice increasing redness around the incision.
If you develop fever or chills.