

Center For Urology
2615 Culver Road, Suite 100
Rochester, N.Y. 14609
(585) 336-5320

SURGICAL PROCEDURE:

Orchiectomy

DISCHARGE INSTRUCTIONS:

- 1) No strenuous activity for 3 or 4 days.
- 2) You may shower in 48hrs, but no tub bath or swimming for 14 days.
Also, do not rub vigorously over the area where the incision is located.
- 3) Keep the incision clean and dry. If you have stitches will fall off on their own. If you have a groin incision and have staples, the staples will be removed in the doctor's office.
- 4) Continue to take your routine medications unless your doctor has advised you differently.
- 5) Do not take aspirin for 3 days after the surgery.
- 6) Take your pain medication as needed, but realize that this medication can cause constipation. Take 1 collace tablet (available over the counter at your local pharmacy) 2 times daily while on pain medication. Additionally it may be advisable to take a laxative if you sometimes have trouble with constipation.
Pain medication can also affect your judgment and reflexes.
- 7) Wrap ice in a towel and apply it to the incision (20 minutes on & 20 minutes off).
Continue this for about the first 24 hours (while awake).
- 8) Call your urologist for an appointment. He will want to see you in about 1-2 weeks.

CALL YOUR DOCTOR:

If part of your incision opens up, bleeds, or becomes more painful.
If you notice increasing redness around the incision.
If you develop fever or chills.