

Center For Urology
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Rochester, N.Y. 14609
(585) 336-5320

SURGICAL PROCEDURE:

Nephrectomy and Ureterectomy

DISCHARGE INSTRUCTIONS:

- 1) No strenuous activity
ie. = no exercise, heavy lifting, shoveling, or sports.
- 2) You may shower 48hrs after drain is removed, however do not rub vigorously over the area where the incisions are located.
- 3) Continue to take your routine medication unless your doctor has advised you differently.
- 4) Take your pain medication as needed, but realize that this medication can cause constipation and it may be advisable to take a laxative. This medication can also effect your reflexes & judgment.
- 5) Do not take aspirin or aspirin type products.
- 6) Avoid driving a car for the first week.
- 7) If you are sent home with a catheter in your bladder, you will be shown before leaving the hospital, how to empty the drainage bags. Do not pull on or apply traction to the tube. This tube will be removed in the doctor's office.
- 8) If you have staples in your incision, these will be removed in the doctor's office.
- 8) Call your urologist for an appointment. He will want to see you in about one week.

CALL YOUR DOCTOR:

If you develop fever or chills

If you develop bleeding from the incision or if the incision opens up.

If you notice increasing redness around the incision.

If the incision becomes increasingly more painful.

If the urine in the tube becomes bright red with blood clots.

If the urine in the tube stops draining.