

Center For Urology  
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(585) 336-5320

**SURGICAL PROCEEDURE:**

Cystoscopy, Internal Urethrotomy

**DISCHARGE INSTRUCTIONS:**

- 1) No sex, no sports, no bike or motorcycle riding, no strenuous activity for 2 weeks.
- 2) Irritative symptoms are common.  
ie. = burning on urination, urinary dribbling, & a sensation that you have to urinate frequently.
- 3) Continue to take your routine medications unless your doctor has advised you differently.
- 4) Do not take aspirin or aspirin type products.
- 5) Take your antibiotics as prescribed.
- 6) If you have a catheter it will be removed in about 1 week in the office.
- 7) Call your urologist for an appointment.

**CALL YOUR DOCTOR:**

If your urine becomes bright red and you start to pass clots.  
If you are unable to pass your urine.  
If you develop fever or chills.