

DISCHARGE INSTRUCTIONS

Center For Urology
2615 Culver Road, Suite 100
Rochester, N.Y. 14609
(585) 336-5320

SURGICAL PROCEDURE: Vasectomy

INSTRUCTIONS:

- 1) No strenuous activity for 2 weeks. No driving for 2-3 days and not while taking pain medication.**
- 2) You may shower in 24 hours, but avoid bathing in a tub for 4 days
Also, do not rub vigorously over the area where the incision is located.**
- 3) Keep the incision clean and dry. Ice pack 20 min on, 40 min off for 24 hours**
- 4) Continue to take your routine medication unless your doctor has advised you differently.**
- 5) Do not take aspirin for 7 days after the surgery.**
- 6) Take your pain medication as needed, but realize that this medication can cause constipation and it may be advisable to take a laxative. This medication can also effect your judgment and reflexes.**
- 7) Change the dressing as needed.**
- 8) You are not “safe” for sexual activity until your sperm has been examined by your urologist. Make sure you follow up with him/her in the office.**
- 8) Call your urologist for an appointment. He/She will want to see you in about 2 weeks.**

CALL YOUR DOCTOR:

**If part of your incision opens up, bleeds, or becomes more painful.
If you notice increasing redness around the incision.
If you develop fever or chills.**