

DISCHARGE INSTRUCTIONS

Center For Urology
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DIAGNOSIS: Ureteral stent placement

INSTRUCTIONS:

- 1) Resume your normal diet.**
- 2) You may return to your normal activity. However, if it is necessary for you to take your pain medication, realize that this may affect your judgment or reflexes. This medication can also cause constipation.**
- 3) You are at risk for developing urinary frequency and urgency as long as the stent in your ureter is in place. If the pain returns and the pain medication is not effective, call your doctor.**
- 4) If a ureteral stent was placed during the procedure it can cause some bladder irritation and you might therefore see small amount of blood in your urine (pink or light cherry).**
- 5) Continue to take your routine medications unless your doctor has advised you differently. Take your antibiotic if one has been prescribed.**
- 6) Call your urologist. He will want to see you in about 2 weeks.**

CALL YOUR DOCTOR:

If you develop fever or chills.

If you develop nausea and are unable to drink fluids.