

DISCHARGE INSTRUCTIONS

Center For Urology
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SURGICAL PROCEDURE: Robotic Assisted Laparoscopic Partial Cystectomy

INSTRUCTIONS:

- 1) **No strenuous activity at all !**
ie. = no exercise, no lifting, shoveling or sports, no sex, no grass mowing,
no riding on a lawn mower. One mile walking is allowed daily(slowly).
- 2) **You will have a catheter in your bladder when you leave the hospital.**
**You will be instructed on how to empty the bag, and switch from leg bag to overnight
drainage bag. You will be discharged with JP drain, and you will learn how to empty
the drain bulb and do the daily recordings.**
- 3) **Take your pain medication as needed, but realize that this medication can cause
constipation and it therefore may be advisable to take a laxative.**
- 4) **Avoid driving a car for the first two weeks.**
- 5) **You may shower, but do not sit in the tub for extended periods of time.**
- 6) **Do not pull on or apply traction to the catheter (tube). It will be removed in the doctors
office.**
- 7) **Continue to take your routine medication unless your doctor has advised you differently.**
- 8) **Call your urologist for and appointment. S/He will want to see you in 1 week.**

Dr.

Office Telephone 336-5320

CALL YOUR DOCTOR:

If you develop fever or chills.

If the catheter stops draining.

If you develop bleeding or increased redness at the incision or if it opens up.

