

DISCHARGE INSTRUCTIONS

Center For Urology
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**SURGICAL PROCEDURE: Transperineal Interstitial Permanent Prostate
Brachytherapy**

INSTRUCTIONS:

- 1) No strenuous activity for 2 days.**
- 2) Drink more fluids than you usually consume. Your urine can become pink or tea colored over the next few days. Increasing the fluids you drink will help resolve this.**
- 3) Keep the perineal area clean and dry.**
- 4) Continue to take your routine medication unless your doctor has advised you differently.**
- 5) Take your antibiotics as prescribed. A stool softener (Colace) and (Flomax, to help your urination) may also have been prescribed.**
- 6) Read the discharge instructions given to you by radiation oncology**
- 7) Call your radiation oncologist for an appointment.**
- 8) Call your urologist for an appointment. He/she will want to see you in About 1-2 weeks.**

CALL YOUR DOCTOR:

- If you develop fever or chills.**
- If you have difficulty voiding.**
- If you develop bleeding in the urine.**
- If you develop pain with urination.**
- If you develop perineal pain or bleeding.**